Lesson Three: Polishing Pigs

Level: Elementary

PURPOSE
Students will analyze the nutritional needs of animals by creating a model of a balanced diet for a pig to explore the organization of their monogastric digestive system.

NEBRASKA STATE EDUCATION CONTENT STANDARDS CONNECTION
SC.3.9.3.c Use evidence to support the explanation that traits can be influenced by the environment.

ESTIMATED TIME
45 minutes

MATERIALS NEEDED
» Ration Building Worksheet – 1 per student
» Feed Mill Introduction Reading – 1 per student
» One of These Things is Not Like the Other PDF
» Gram Scale – 1 per 4 students
» Edible Food Ingredients for Ration Mixing Lab
  • Corn Flakes, Frosted Mini Wheats, Fruity Pebbles, Cocoa Pebbles, Chocolate Chips, M&M’s, Peanuts, Almonds, Raisins, Dried Cranberries (If these ingredients are unavailable, pose student allergy concerns, or there are more feasible options, substitute using ingredients of similar texture.)
» Sandwich Ziplock Bags – 1 per student
» Small Paper Cup – Scooping Tool

VOCABULARY
**Carbohydrate:** A nutrient found in grains that is a primary source of energy in pig diets. They provide many calories per pound of food. Examples of carbohydrates include corn, wheat, oats, and barley.

**Essential Amino Acids:** Amino acids that cannot be synthesized by the body and must be supplemented in a diet.

**Fat:** A nutrient high in energy density that is also helpful in improving feed efficiency. Examples of fat sources include poultry fat, beef fat, and vegetable oils.

**Feed Mill:** An agricultural business that stores, mixes, and delivers feed for various livestock species, including pigs.

**Guaranteed Analysis:** Required to be printed on feed labels to tell the customer about the feed’s nutrient content.
**Limiting Amino Acids:** Amino acids that, if deficient in the diet, will limit the body’s ability to utilize other amino acids in a feed ration. A pig’s limiting amino acids are lysine and tryptophan.

**Minerals:** Nutrients that help pigs grow efficiently and can be purchased in individual bags or premixed bags. Examples of minerals include salt, calcium, and phosphorus.

**Palatable:** (Of food or drink) pleasant to taste.

**Protein:** Made up amino acids, which are important builders of muscle. Examples of protein include soybean meal, fish meal, dried milk, and blood meal.

**Ration:** A portion of various feeds mixed together to meet an animal’s nutritional needs.

**Swine Nutritionist:** A person who is responsible for knowing pigs’ nutritional needs and putting together pig diets to meet those needs.

**Vitamins:** Nutrients that are dissolved by either fat or water in the body that help to keep pigs healthy. Vitamins can be purchased in individual bags or premixed bags. Examples of vitamins include A, D, E, K, B-complex, and C.

**Water:** An important nutrient for body temperature regulation and transport of nutrients and waste.

**BACKGROUND INFORMATION**

All throughout a pig’s life, pig farmers work closely with feed mills and swine nutritionists to ensure their pigs are well cared for and all their nutritional needs are being met. As pigs grow from birth to market weight (approximately 280 pounds), their nutritional needs vary greatly. At various points in their life, depending on age and gender, pigs utilize their feed for growth, maintenance, reproduction, and milk production.

General rations can be put together for pig farms, but it’s important to know that genetic variation, environment, availability of nutrients in various feeds, disease levels, and other stressors may increase the needed level of some nutrients for maximum performance.

Pig diets, like human diets, are made up of 6 major nutrients: carbohydrates, protein, water, fat, minerals, and vitamins.

Feed mills are agricultural businesses that store, mix, and deliver rations containing each of these 6 major nutrients to customers. Feed mills can be independent businesses, or they may be a part of a pig farm. In other words, some pig farms make and mix their own feed rather than buying it. Feed mills are all about logistics; they use science and technology to ensure their rations are nutritionally sound and accurate.

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**Part One: Learning Activity**

**INTEREST APPROACH**

Ask the class, “What kinds of foods do pigs eat once they have been transitioned off their mother’s milk?” Explain that pigs eat carefully crafted diets of corn, soybean meal, and other added nutrients. Today we’ll learn how pig food is made and mixed.
As a class, watch “Producing High Quality Pig Feed” from the Pork Checkoff on YouTube (3:12)
www.youtube.com/watch?v=t7PqyhvwqyU

Review video by asking the following key questions:

- Why is it helpful for a pig farmer to have a feed mill at their farm?
  They can easily make more feed the moment they need it. It requires less long-term planning to order from a store.
- When do pigs have the highest nutritional needs?
  When they are weaned.
- Where does the feed go after it is poured into the complete bins?
  On a truck to the pig barn where the pigs need it.

CONDUCT ACTIVITY
1. Set up stations around the room with gram scales ready for use.
   - Students can be assigned a specific gram scale to share with other students.
2. In the center or the front of the room, set up a station with the edible feed lab ingredients easily accessible for students to collect food from.
3. Distribute a Ration Building Worksheet and ZipLock bag to each student.
4. Explain that today, students will get to practice their skills as swine nutritionists. Each student will select from 2 options of feeds for each major nutrient category.
5. Once they have completed their selections on their worksheets, they will measure the listed amount of each feed and combine them into their bags.
6. After students complete their measurements, they will sample their rations and complete part two of the Ration Building Worksheet, the evaluation portion.
   - Instruct students to take note of the protein selection on their ration building worksheets. Because pigs not only need adequate protein, but specific kinds of protein building blocks, students must pay attention to the colors of the protein representative they choose.
7. If desired, the instructor can bring a blender into the classroom and take the activity one step further by grinding up a sample ration. This demonstrates what feed mills do and helps make the feed more palatable for pigs.

FOLLOW UP QUESTIONS
1. How did you make your feed decisions?
   - Answers will vary.
2. What do you think swine nutritionists think about when making decisions about rations?
   - Nutrient content, availability of feeds, how palatable it will be for the pigs, and costs of the feed ingredients.
3. Which of the nutrient categories gives the pigs energy?
   - Carbohydrates

4. Which of the major nutrients helps the pigs build muscle?
   - Protein

5. Do you think you would enjoy being a swine nutritionist? Why or why not?
   - Answers will vary

**Part 2 (Optional): Attend a Virtual Field Trip**

Biosecurity is a procedure to protect animals against disease. Farmers limit travel to their pig barns by practicing biosecurity. This ensures they can raise their pigs in a safe and healthy environment. Virtual Field Trips allow farmers to open their barn doors to show students what happens inside. The farmer uses a tablet to connect with classrooms to be a part of a live, video-chat allowing students to have their questions answered in real time.

Visit the Nebraska Farm Bureau Foundation website, [www.nefbfoundation.org/educators/get-involved/virtual-field-trips](http://www.nefbfoundation.org/educators/get-involved/virtual-field-trips), to see a list of upcoming Virtual Field Trips and to sign up for a time to attend. If you have questions, please contact Nebraska Farm Bureau Foundation at foundationforag@nefb.org or (402) 421-4747.

**SOURCES UTILIZED**

- Iowa Agricultural Literacy Foundation
  [www.iowaagliteracy.org/resources/lesson-plans/lesson-plans.aspx](http://www.iowaagliteracy.org/resources/lesson-plans/lesson-plans.aspx)
- Merck Veterinary Manual
- Penn State Extension
  [extension.psu.edu/courses/swine/nutrition/swine-nutrients](http://extension.psu.edu/courses/swine/nutrition/swine-nutrients)
- Suwannee River Fair
  [mysrf.org/?page_id=3952/#swinehb](http://mysrf.org/?page_id=3952/#swinehb)
- University of Missouri Extension
  [swine.missouri.edu/nutrition/pigfatsource.htm](http://swine.missouri.edu/nutrition/pigfatsource.htm)
- U.S. Pork Center of Excellence

**NATIONAL AGRICULTURAL LITERACY OUTCOMES**

- Plants and Animals for Food, Fiber & Energy
  
  T2.3-5d. Provide examples of specific ways farmers/ranchers meet the needs of animals
RATION BUILDING

Part One: Mix the Ration

Instructions: Congratulations! You have just become a swine nutritionist, which means you’re the person who puts together rations, or diets of what pigs should eat.

First, take a look at the “real-life sample mixed ration” to see what pigs would actually eat. Second, move on to the “my swine diet” chart and select one feed option for each major nutrient category and write it down. Next, following your instructor’s guidelines, carefully measure out the specific amount of each ingredient you selected into your feed bag.

<table>
<thead>
<tr>
<th>Nutrient Category</th>
<th>Ingredient</th>
<th>Amount (lbs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbohydrate</td>
<td>Mixed yellow corn &amp; oats</td>
<td>1,200</td>
</tr>
<tr>
<td>Protein</td>
<td>Mixed soybean meal &amp; dried whey</td>
<td>750</td>
</tr>
<tr>
<td>Fat</td>
<td>Added fats</td>
<td>50</td>
</tr>
<tr>
<td>Minerals</td>
<td>Premixed vitamin and mineral pack</td>
<td>50</td>
</tr>
<tr>
<td>Vitamins</td>
<td>Premixed vitamin and mineral pack</td>
<td>50</td>
</tr>
<tr>
<td>Water</td>
<td>Water</td>
<td>Always available</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td>2100 pounds</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nutrient Category</th>
<th>Option #1</th>
<th>Option #2</th>
<th>My Choice</th>
<th>Amount (grams)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbohydrate</td>
<td>Corn Flakes</td>
<td>Frosted Mini Wheats</td>
<td>Will Vary</td>
<td>120</td>
</tr>
<tr>
<td>Protein</td>
<td>Fruity pebbles</td>
<td>Cocoa pebbles</td>
<td>Will Vary</td>
<td>76</td>
</tr>
<tr>
<td>Fat</td>
<td>Chocolate Chips</td>
<td>M &amp; M's</td>
<td>Will Vary</td>
<td>4</td>
</tr>
<tr>
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<td>Peanuts</td>
<td>Almonds</td>
<td>Will Vary</td>
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Part Two: Evaluate the Ration

Instructions: Sample your feed ration as well as another person's feed ration to answer the questions below.

1. Sample your ration. Describe the flavor and texture.
   • Answers will vary.

2. Sample another person's ration. List here whose ration you sampled and explain how it compares to yours in terms of being palatable.
   • Answers will vary.

3. How did you make the decision of which feed to pick for each nutrient category?
   • Answers will vary.

4. What do you think swine nutritionists think about when making decisions about rations?
   • Nutrient content, availability of feeds, how palatable it will be for the pigs, costs of feeds

5. Why do you think the greatest portion of the ration was carbohydrates?
   • It gives the pigs energy, it is relatively inexpensive, it also contains vitamins and minerals
RATION BUILDING

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### Real-Life Sample Mixed Ration

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### My Swine Diet

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All throughout a pig's life, pig farmers work closely with feed mills and swine nutritionists to ensure their pigs are well cared for and all their nutritional needs are being met. Feed mills are businesses that store, mix, and deliver pig diets containing the correct nutrients to customers. These diets are called rations. Feed mills can be independent businesses or they may be a part of a swine operation. In other words, some pig farms make and mix their own feed, rather than buying it. Swine nutritionists are people that are responsible for knowing pigs' nutritional needs and putting together pig diets.

As pigs grow from birth to market weight (about 280 pounds), their nutritional needs vary greatly. At various points in their life depending on age and gender, pigs use their feed for growth, maintenance, reproduction, milk production, and fattening.

Pig diets, similar to human diets, are made up of 6 major nutrients: carbohydrates, protein, water, fat, minerals, and vitamins. Carbohydrates are nutrients found in grains and are the main source of energy in swine diets. Examples of energy sources include corn, wheat, oats, barley. Protein is made up of amino acids, which are important builders of muscle. Pigs get protein from soybean meal, fish meal, and dried milk. For pigs, there are 10 essential amino acids, which means the pig cannot synthesize them in the body, but must get them in their diet. Furthermore, of these 10 amino acids, some are limiting, which means that if the pig runs out of these specific amino acids, they cannot use the rest of the amino acids present in the feed. The 10 essential amino acids for pigs are: phenylalanine, valine, threonine, tryptophan, isoleucine, methionine, histidine, arginine, lysine and leucine. These can be remembered with the acronym, PVT TIM HALL. The limiting amino acids are lysine and tryptophan.

Fat is a nutrient high in energy density and also helpful in improving a pig's ability to use feed. Examples of fat sources include poultry fat, beef fat, and vegetable oils. Minerals are nutrients that help pigs grow efficiently; they can be purchased in individual bags or premixed bags. Some important minerals are salt, calcium, and phosphorous. Vitamins are nutrients that are dissolved by either fat or water in the body and help keep the pig healthy. Like minerals, they can be purchased in individual bags or premixed bags. Examples of vitamins are A, D, E, K, B-complex, and C. Finally, water is an important nutrient for body temperature regulation and transport of nutrients and waste. Depending on their growth stage, pigs drink up to 6 gallons of water per day.

It is important to know that single foods may contain multiple nutrients. For example, corn is not only a great source of carbohydrates, but also contains minerals like iron, zinc, and potassium. When pig farmers buy pig feed, it comes with a guaranteed analysis, which tells the customer about the feed's exact nutrient content. It is important that rations are high in nutrition and also palatable, which means pleasant to taste.

Feed mills use science and technology to make sure they get each ration correct. Every order a customer places is like a giant recipe, often containing hundreds to thousands of pounds of feed. Before pigs can feed us, we must feed them. After all, safe pork comes from healthy pigs!
One of These Things is not Like the Other